

# HANSTEPS LUNCH SAMPLE MENU

## MONDAY

Tuna  
Sliced Bread  
Canned fruit  
Garden Salad  
1% Milk

Boiled Egg  
Bagel/Cream  
Cheese  
Cantaloupe  
Shredded Cabage  
1% Milk

Meatball  
Spaghetti  
Apples  
Mixed Vegetable  
1% Milk

Cream Cheese  
Baked Beans  
Bagel  
Canned Fruits  
Chopped Cabage  
1% Milk

## TUESDAY

Ground beef  
Tortilla  
Cantaloupe  
Tossed Salad  
1% Milk

Baked Beans  
French Toast  
Strawberry  
Coleslaw  
1% Milk

Chicken  
Macaroni/Cheese  
Pears  
Loose Corn  
1% Milk

Egg Salad  
French Toast  
Orange  
Coleslaw  
1% Milk

## WEDNESDAY

Deli Chicken  
Corn Bread  
Orange  
Sliced Cucumber  
1% Milk

Cheese  
Biscuit  
Orange  
Romain Salad  
1% Milk

Baked Beans  
Dinner Rolls  
Oranges  
Diced Potatoes  
1% Milk

Nuggets  
Sliced  
Bread/Cheese  
Apples  
Romain Salad  
1% Milk

## THURSDAY

Macaroni/Cheese  
Macaroni/Cheese  
Banana  
Loose Corn  
1% Milk

Beef Patty  
Sliced Bread  
Orange  
Saute Carrots  
1% Milk

Fish Stew  
Rice  
Cantaloupe  
Mixed Vegetables  
1% Milk

Sliced Cheese  
Biscuits  
Grapes  
Saute Carrots  
1% Milk

## FRIDAY

Fish  
Rice  
Banana  
Spinach  
1% Milk

Cheese  
Corn Bread  
Canned Fruits  
Sliced Cucumbers  
1% Milk

Tuna  
Sliced Bread  
Canned Fruits  
Lettuce  
1% Milk

Hot Dog  
Hot Dog Bread  
Canned Fruits  
Sliced Cucumber  
1% Milk

Water & Milk come with with all meals · Vegetables & fruit offered daily  
618 Rogers Ave Brooklyn, New York · (347)350-5977